

Rhenish Primary School

Uniform Policy

For Grade 1 to 7

(MAY 2025)





Children must wear the official school uniform to and from school, according to the season. The prescribed uniform must be worn during school hours and for any extra-mural activity for which the Principal deems it necessary. Children may wear their Phys. Ed. uniform on the day they have Phys. Ed.

School uniform and sportswear may **not** be mixed; each should be worn separately and in its entirety. When children wear the school uniform, it must at all times be the **full** uniform and not "parts" of the uniform mixed with "play clothes". Children are encouraged to take pride in their uniform and consequently we expect the uniforms to be clean and tidy.

Children must arrive and leave school **in their full school uniform, including school shoes**. They may, however, leave school in either their formal school uniform or in their sportswear provided it is the day on which they had Phys. Ed. No child may leave the school grounds barefoot when wearing the formal school uniform. Children may also **not** leave the school grounds wearing only a swimming costume.

PLEASE ENSURE THAT ALL CLOTHING IS CLEARLY MARKED WITH YOUR CHILD'S NAME.

SCHOOL UNIFORM STOCKISTS

De Jagers in Eikestad Mall

Rhenish Girls' High School shop for the following items: Phys. Ed. shirts, skorts, shorts, tracksuit tops and tracksuit bottoms, hockey socks and ties, school bags and sports bags.

The PTA School Shop supplies only used uniform items. The shop is open twice a week in the Archibald Pavilion and is run by the PTA.

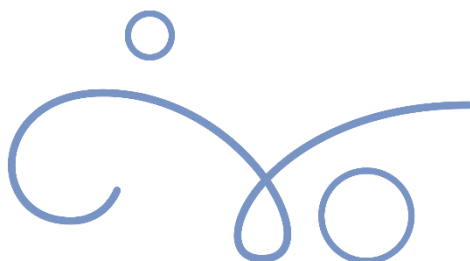
GRADE 1 – 3 UNIFORM (1st, 2nd, 3rd and 4th Term)

Boys' Summer Uniform

- Blue Rhenish sports shirt
- Blue Rhenish sports shorts
- White ankle socks
- White takkies
- School tracksuit
- Rhenish cap / wide brimmed hat

Girls' Summer Uniform (Grades 1-3)

- Blue Rhenish sports shirt
- Blue Rhenish sports shorts / skort
- White ankle socks
- White takkies
- School tracksuit
- Rhenish cap / wide brimmed hat





GRADE 4 – 7 UNIFORM

PLEASE SEE THE IMPORTANT DATES FOR THE DATE OF UNIFORM CHANGE

SUMMER UNIFORM (1st and 4th Term)

Boys' Summer Uniform (Grades 4-7)

No tracksuits may be worn in summer

- Shorts: school navy shorts
- Shirt: open-necked, short-sleeved, white shirt with school badge on the pocket (badges are available separately at De Jagers). Collar must be over the jersey
- Socks: long, navy with two white stripes
- Shoes: black lace-up shoes. The shoes must have leather uppers and should shine. No metal pieces, abnormally thick soles or Velcro straps
- Jersey: school navy, V-necked with woven badge (no homemade jerseys)
- Raincoat: navy with Rhenish badge (No anoraks may be worn)
- School hat: navy Rhenish Primary wide-brimmed hat or cap

Girls' Summer Uniform (Grades 4-7)

No tracksuits may be worn in summer

- Dress: navy with white collar and cuffs (hem 6cm above the knee, whilst kneeling)
- Socks: short, white ankle socks
- Shoes: black, with band and buckle or lace-up. The shoes must have leather uppers and should shine. No metal pieces, abnormally thick soles or Velcro straps
- Jersey: school navy, V-necked with woven badge (no homemade jerseys)
- Raincoat: navy with Rhenish badge (No anoraks may be worn)
- School hat: navy Rhenish Primary wide-brimmed hat or cap

WINTER UNIFORM (2nd and 3rd Term)

Boys' Winter Uniform (Grades 4-7)

No tracksuits may be worn on excursions or to formal functions

- Shorts: school navy
- Shirts: white, long sleeved shirt
- Tie: Rhenish tie
- Socks: long, navy with two white stripes
- Shoes: black lace-up. The shoes must have leather uppers and should shine. No metal pieces, abnormally thick soles or Velcro straps.
- Jersey: school navy, V-necked with woven badge (no homemade jerseys)
- Raincoat: navy with Rhenish badge (No anoraks may be worn)
- Tracksuits may be worn at school, over the uniform with black lace-up shoes. (The tracksuit top must be zipped up at all times)



Girls' Winter Uniform (Grades 4-7)

- Tunic: navy (hem 6 cm above the knee whilst kneeling)
- Shirt: white, long sleeved shirt
- Tie: Rhenish tie
- Shoes: black, with band and buckle or lace-up. The shoes must have leather uppers and should shine. No metal pieces, abnormally thick soles or Velcro straps.
- Jersey: school navy, V-necked with woven badge (no homemade jerseys)
- Raincoat: navy with Rhenish badge (No anoraks may be worn).
- Tracksuits may be worn at school, over the uniform with black school shoes. (The tracksuit top must be zipped up at all times)
- Socks: long navy socks with two white stripes
- Stockings: (optional) black only

HATS

During the summer terms, children are strongly encouraged to wear the Rhenish Primary wide-brimmed hat or the Rhenish cap when they leave the school building. During this time, these hats should be worn at all outdoor extra-mural activities, except for tennis where the Rhenish cap may be worn.

SCHOOL SUITCASES/BAGS

A navy briefcase-type case with six compartments, or a navy compartmentalised backpack, suitable in size to your child's needs should be purchased. A separate navy sports bag could be used for sports clothing. School branded sports and school bags are available from the sports office.

NAILS

Girls and boys must cut their nails regularly and keep them short and clean. Nail polish/nail art is NOT permitted.

HAIR

Boys:

Hair must be kept neat and reasonably short, not extending over the eyebrows, ears, or collar. Extreme or extraordinary hairstyles — such as shaved patterns, undercuts, mohawks, steps, crew cuts, and extreme fades — are not permitted. Acceptable fades should be gradual, blending naturally into the rest of the hair, without sharp contrasts or abrupt changes in length.

Girls:

Long hair that touches the collar or is longer must be tied back neatly with a navy or white ribbon, hair tie, or headband. Hair should not fall into the face. Styles such as shaved patterns, undercuts, and coloured hair are not permitted. If hair is braided with extensions, the extensions must match the girl's natural hair colour. If beads are used on the ends of braids, they must either match the colour of the braid or be transparent/clear.

JEWELLERY

Watches may be worn but the school will not accept responsibility for the loss of, or damage to such items. Smart Watches that are 3G/5G enabled are not permitted at school. Fitness watches that only have GPS functionality and no internet access are allowed.

No other jewellery may be worn other than plain gold sleepers (no larger than a R1 coin) or studs



for girls with pierced ears. These may only be worn in the bottom hole if there is more than one hole. Additional holes should not be pierced during term time as studs will not be allowed to be worn in these. MedicAlert® bracelets may be worn.

SPORTS UNIFORMS

Children must wear the appropriate clothing for each activity. Coaches will not allow children to participate in the sporting activities, unless they are dressed correctly. Children must ensure that they are neatly attired and that their socks are pulled up. No cycling shorts or tights are permitted. This dress code applies to both practises and fixtures against other schools.

Rhenish Primary School tracksuits are optional. No other tracksuits are permitted.

Inter-House T-shirts

Terlinden - GREEN T-shirt

Van der Stel - YELLOW T-shirt

Weber - RED T-shirt

Physical Education (Phys. Ed.)

Navy Rhenish sports shirt and navy shorts. Short white socks and takkies/track shoes.

Plain navy or Rhenish costume in summer.

Athletics and Cross-country

Rhenish athletics vest (Navy). Rhenish sports shirt, navy shorts, short white socks and preferably predominantly white and navy blue takkies/track shoes.

Cricket

Navy Rhenish sports shirt, blue shorts, navy school socks, garters and preferably predominantly white takkies/track shoes, with a Rhenish wide-brimmed hat or Rhenish cap. 1st XI Boys will be informed by coaching staff if cricket whites are to be worn.

Hockey

Girls: Navy Rhenish sports shirt, navy Rhenish shorts or skort, navy school socks with two white stripes and garters and takkies/track shoes or suitable hockey boots/Astro Trainers.

Boys: Navy Rhenish sports shirt, navy Rhenish shorts, navy school socks with two white stripes and garters and takkies/track shoes or suitable hockey boots/Astro Trainers.

Mini-Cricket

Navy Rhenish sports shirt, navy Rhenish shorts, short white socks, and preferably predominantly white takkies/track shoes, with a Rhenish wide-brimmed hat or Rhenish cap.

Netball

Navy Rhenish sports shirt, navy Rhenish shorts or skort with two white stripes navy knickers, short white socks and takkies/track shoes.



Rugby

Rhenish rugby jersey and navy shorts (boys play barefoot). Jerseys during rugby practice may be any colour providing it is a suitable rugby training jersey.

Swimming

Team swimmers

Navy Rhenish Primary School costume and Rhenish navy swimming cap.

Rhenish wide-brimmed hat or cap should be worn at all galas.

Non-Team swimmers and Phys. Ed. lessons

Plain navy, plain black or Rhenish costume may be worn. Lycra swimming shorts and sun-protection rash tops are permitted in plain navy or black.

All girls must wear a swimming cap when they enter the water. Non-team swimmers may use either a navy cap or a coloured cap corresponding to their House colour (i.e. Terlinden – green; Van der Stel – yellow; Weber - red).

Water Polo

Plain navy or navy Rhenish Primary School swimming costume. Plain navy or Rhenish Primary School navy swimming cap. Rhenish High water polo costumes may also be worn by U13 girls.

Tennis

Boys: Navy Rhenish sports shirt, blue shorts, short white socks and takkies/track shoes, with a Rhenish cap.

Girls: Navy Rhenish sports shirt, navy Rhenish shorts or skort, short white socks takkies/track shoes, with a Rhenish cap.

PROTECTION FROM THE SUN

Great care should be taken to protect the children from the harmful effects of the UV rays of the sun. A sunscreen with a high protection factor should be used when the children are exposed to the sun; additionally, the broad-brimmed Rhenish hat or cap must be worn.

